

Balint Method As A Way To Prevent Burnout Syndrome In

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Occupational Health Psychology: From Burnout to Well-being at Work - Sónia P. Gonçalves 2022-06-28

Preventing Burnout and Mobbing - Alejandra Ibañez 2023-05-08

"Preventing Burnout and Mobbing: Strategies for a Healthy Workplace" is a book that explores the connections between burnout and workplace bullying, commonly known as mobbing. The book delves into the causes, symptoms, and consequences of these two phenomena, and provides practical advice and solutions for dealing with them. It covers a range of topics, including the impact of burnout and mobbing on mental and physical health, the role of organizational culture in preventing and addressing these issues, and the legal and ethical considerations involved. The book draws on research and case studies from a variety of fields, including psychology, sociology, and organizational behavior, to offer a comprehensive and informative guide for anyone experiencing burnout or mobbing, or for those who work in a management or HR role and want to prevent and address these issues in the workplace.

A New Holistic-Evolutive Approach to Pediatric Palliative Care - Carlo V. Bellieni 2022-05-26

This book illustrates why a holistic approach is important in Pediatric Palliative Care (PPC). Readers will learn this approach has a "horizontal" axis, featuring the patients' mental and physical needs, as well as their environments. It has also a "vertical axis": the evolutive changes of the patients throughout their development and their illness, their aspirations and fears. An evolutive (or dynamic) approach is mandatory. Each child/parent has a different experience of illness and a different path to recovery that is influenced by their age, gender, culture, but also by the state of their grief. To take care of them, we need to know the state of the subjects we are dealing with throughout their evolution in age (children) and in sorrow (both children and parents). Jung's and Piaget' schemes will be of support. This book also helps caregivers to know what ethics is. It teaches a new insight on the word "ethics": not a series of principles or norms, but an approach based on humanistic virtues. Two criteria will be proposed to this aim: an ethics based on the refusal of inauthentic behaviors (or those behaviors that are copies of animals or machines) and a new criterion that even children have some ethical duties (not based on rules, but on naturally acceptance

that their sight is modulated by the presence of their parents and friends). This ethical approach is explained to caregivers in a practical mode, ready for clinical exigencies. This book is also unique because it demonstrates that PPC also involves the true care of caregivers. It will explain how to approach, measure and overcome caregivers' burn-out. Special attention is devoted to the approach to babies' and children's pharmacological and non-pharmacological analgesia and sedation. Pain assessment methods will be illustrated, as well as the development of a PPC web on the territory. This text includes perinatal and neonatal PPC. The book will be of valuable support to all those intensivists, pediatricians, nurses, psychologists, physiotherapists and healthcare professionals working in PPC units.

The public health problem of burnout in health professionals - Oriol Yuguero 2023-04-14

Work Related Abstracts - 1996

Medical Psychotherapy - Jessica Yakeley 2016
'Medical Psychotherapy' draws together succinct descriptions of the major models of psychotherapy, written by specialists who offer an accessible, theoretical and evidence based depiction of each therapy and its clinical role for patients. It will appeal to specialist trainees in psychiatry and consultants working in psychotherapy, along with psychologists and allied health professionals.

The Basic Fault - Michael Balint 2013-04-15
In this volume, Michael Balint, who over the years made a sustained and brilliant contribution to the theory and technique of psychoanalysis, develops the concept of the 'basic fault' in the bio-psychology structure of every individual, involving in varying degree both mind and body. Balint traces the origins of the basic fault to the early formative period, during which serious discrepancies arise between the needs of the individual and the care and nurture available. These Discrepancies

create a kind of deficiency state. On the basis of this concept, Balint assumes the existence of a specific area of the mind in which all the processes have an exclusively two-person structure consisting of the individual and the individual's primary object. Its dynamic force, originating from the basic fault has the overwhelming aim of 'putting things right'. This area is contrasted with two others: the area of the Oedipus complex, which has essentially a triangular structure comprising the individual and two of his objects, and whose characteristic dynamism has the form of a conflict; and the area of creation, in which there are no objects in the proper sense, and whose characteristic force is the urge to create, to produce
Exploring the Pressures of Medical Education From a Mental Health and Wellness Perspective - Smith, Christina Ramirez 2017-10-31

Discussions surrounding mental health are becoming more prominent and these conditions are becoming less stigmatized. Studying the effects that mental wellness has on students within the medical field can provide an insider perspective on this critical topic. Exploring the Pressures of Medical Education From a Mental Health and Wellness Perspective is a critical reference source that examines the mental and emotional problems that arise with students practicing in the medical field. Featuring relevant topics such as student burnout, cognitive learning, graduate education, and curriculum development, this scholarly publication is ideal for medical practitioners, academicians, students, and researchers that are interested in staying apprised of the latest trends and developments relating to mental wellness.

Teaching Psychiatry to Undergraduates - Patrick Hughes 2022-10-31
This hands-on guide introduces educational theory and explains how it can be applied to improve undergraduate psychiatric teaching.

Compassion Fatigue and Burnout in Nursing - Vidette Todaro-Franceschi, PhD, RN, FT 2024-01-10

Praise for Past Editions "This book is a vital read for individuals and the collective nursing profession... I encourage those who are concerned about the collective nursing profession, about what nurse educators are teaching students, about healthcare's high staff turnover and poor patient quality outcomes to consider reading and using this book." - M. R. Morrow, RN, PhD., Nursing Science Quarterly "This book addresses the issue that all nurses eventually face at one time or another in their career, a loss of passion. The author takes readers on a journey to recapture their passion... Every nurse should read this book." -V. Hedderick, Doody's Review Service As relevant today as it was when the first edition was published in 2012--likely even more so after the devastation of COVID 19--Dr. Todaro-Franceschi delves deeper into issues surrounding professional quality of life (PQOL) for nurses and the intricate connection to caliber of care and healthcare outcomes. She offers new insights on compassion fatigue, burnout, moral distress, caring for the dying, PTSD, and workplace bullying and violence noting that while the COVID-19 pandemic has grossly exacerbated existing problems in the workplace it has also created a "perfect storm" for nurses to regain a sense of the meaning and purpose of their work. Written by an acknowledged expert in end-of-life education, professional quality of life, and clinical leadership, this book will help empower nurses so that they can create a healthier, more compassionate work environment. Supported by research but written from a holistic and personal perspective, the text includes real-life examples, strategies, and exercises that will help readers to identify negative patterns and explore ways to recapture the joy in their work lives. New to the Third Edition: Integrates the impact of COVID-19 on the nursing profession throughout Provides new information on enhancing PQOL for nurses Includes new real-life examples from multiple nursing disciplines Key Features: Articulates an ethic of care developed from a transdisciplinary perspective Offers a framework--the ART© model, for mindful healing, living

and working Shares real-life examples from critical care, end-of-life, oncology, and other clinical areas Provides a template for nurses, nurse educators and leaders to address critical issues affecting nursing workforce health, happiness and the work environment Includes a Nurse Leaders Resource Toolkit to assist staff with improving PQOL

Oxford Textbook of Palliative Medicine - Nathan I. Cherny 2021

Written by an established, comprehensive, multidisciplinary focused, internationally-recognized team, the sixth edition has been fully revised and brought up to date with the inclusion of recent developments in the speciality, to ensure that it retains its reputation as the definitive reference on palliative care.

The Resilient Practitioner - Thomas M. Skovholt 2014-04-08

Therapists and other helping professionals, such as teachers, doctors and nurses, social workers, and clergy, work in highly demanding fields and can suffer from burnout, compassion fatigue, and secondary stress. This happens when they give more attention to their clients' well being than their own. Both students and practitioners in these fields will find this book an essential guide to striking an optimal balance between self-care and other-care. The authors describe the joys and hazards of the work, the long road from novice to senior practitioner, the essence of burnout, ways to maintain the professional and personal self, methods experts use to maintain vitality, and a self-care action plan. Vivid real-life examples and self-reflection questions will engage and motivate readers to think about their own work and ways to enhance their own resilience. Eloquently written and supported by extensive research, helping professionals will find this a valuable resource both when a novice and when an experienced practitioner.

Clinical Uncertainty in Primary Care - Lucia Siegel Sommers 2013-07-05

The Power of Colleagues What happens when primary care clinicians meet together on set aside time in their practice settings to talk about their own patients? Complimenting quality metrics or performance measures through discussing the actual stories of individual patients and their clinician-patient relationships In these settings, how can clinicians pool their collective experience and apply that to 'the evidence' for an individual patient? Especially for patients who do not fit the standard protocols and have vague and worrisome symptoms, poor response to treatment, unpredictable disease courses, and/or compromised abilities for shared decision making What follows when discussion about individual patients reveals system-wide service gaps and coordination limitations? Particularly for patients with complex clinical problems that fall outside performance monitors and quality screens How can collaborative engagement of case-based uncertainties with one's colleagues help combat the loneliness and helplessness that PCPs can experience, no matter what model or setting in which they practice? And where they are expected to practice coordinated, evidence-based, EMR-directed care These questions inspired Lucia Sommers and John Launer and their international contributors to explore the power of colleagues in "Clinical Uncertainty in Primary Care: The Challenge of Collaborative Engagement" and offer antidotes to sub-optimal care that can result when clinicians go it alone. From the Foreword: "Lucia Sommers and John Launer, with the accompanying input of their contributing authors, have done a deeply insightful and close-to-exhaustive job of defining clinical uncertainty. They identify its origins, components and subtypes; demonstrate the ways in which and the extent to which it is intrinsic to medicine...and they present a cogent case for its special relationship to primary care practice... 'Clinical Uncertainty in Primary Care' not only presents a model of collegial collaboration and support, it also implicitly legitimates it.'" Renee Fox,

Annenberg Professor Emerita of the Social Sciences, University of Pennsylvania.

Research in Personnel and Human Resources Management - Joseph Martocchio 2011-07-12

Presents the papers that promote theory and research on important substantive and methodological topics in the field of human resources management. This title collects papers on important issues in the field of human resources management, including insights on employment branding, family owned firms, virtual global teams and intrinsic motivation.

Taking Action Against Clinician Burnout - National Academies of Sciences, Engineering, and Medicine 2020-01-02

Patient-centered, high-quality health care relies on the well-being, health, and safety of health care clinicians. However, alarmingly high rates of clinician burnout in the United States are detrimental to the quality of care being provided, harmful to individuals in the workforce, and costly. It is important to take a systemic approach to address burnout that focuses on the structure, organization, and culture of health care.

Taking Action Against Clinician Burnout: A Systems Approach to Professional Well-Being builds upon two groundbreaking reports from the past twenty years, *To Err Is Human: Building a Safer Health System* and *Crossing the Quality Chasm: A New Health System for the 21st Century*, which both called attention to the issues around patient safety and quality of care. This report explores the extent, consequences, and contributing factors of clinician burnout and provides a framework for a systems approach to clinician burnout and professional well-being, a research agenda to advance clinician well-being, and recommendations for the field.

Stop Physician Burnout - Dike Drummond 2014-09-22
Physician Burnout to Your Ideal Practice is possible using this first comprehensive stress-reduction resource for practicing physicians. You can be a modern physician and have an extraordinary life when you learn and practice the tools in this book. Use this book to STOP

the downward spiral of physician burnout with field-tested, doctor-approved techniques discovered through thousands of hours of one-on-one coaching with physicians facing career threatening burnout. Dr. Dike Drummond MD, CEO and founder of TheHappyMD.com will show you burnout's symptoms, effects, and complications; burnout's pathophysiology and four main causes; how to bypass the invisible doctor "Mind Trash" that gets in the way of your recovery; 14 proven burnout prevention techniques and FREE access to an additional 15 techniques on our Power Tools web page - a private resource library; and a step-by-step method to build a more Ideal Practice and a more balanced life whether or not you are suffering from burnout at the moment.

Occupational Medicine: Disease Risk Factors and Health Promotion - Luigi Vimercati 2022-02-25

Pragmatics of Human Communication: A Study of Interactional Patterns, Pathologies and Paradoxes - Paul Watzlawick 2011-04-25

The properties and function of human communication. Called "one of the best books ever about human communication," and a perennial bestseller, Pragmatics of Human Communication has formed the foundation of much contemporary research into interpersonal communication, in addition to laying the groundwork for context-based approaches to psychotherapy. The authors present the simple but radical idea that problems in life often arise from issues of communication, rather than from deep psychological disorders, reinforcing their conceptual explorations with case studies and well-known literary examples. Written with humor and for a variety of readers, this book identifies simple properties and axioms of human communication and demonstrates how all communications are actually a function of their contexts. Topics covered in this wide-ranging book include: the origins of communication; the idea that all behavior is communication; meta-communication; the properties of an open system; the family as a system of communication; the nature of paradox in psychotherapy;

existentialism and human communication.

The Oxford Handbook of Organizational Well-being - Susan Cartwright 2009

This Handbook focuses on organizational well being in its widest sense, and is concerned with reviewing the factors which are associated with ill health, as well as those which promote positive health and well being. In it, leading international scholars focus on the key issues around measuring well being, and individual and organizational factors.

Co-Teaching - Everyday Life or Terra Incognita of Contemporary Education? - Beata Piłuła 2022-11-14

Following Dawid Juraszek's statement that education is in a way "a conversation (face to face, in the ether, in black and white)", the contributors, representing various scientific disciplines and various scientific centers in Poland and the Czech Republic, have started a discussion on co-teaching as a proposal for the school/university work in the next decade of the 21st century, hoping that the thoughts contained herein will prove helpful to all critically thinking and continuously improving teachers, academic staff and candidates for the profession. The publication consists of four interrelated parts: (1) teacher creator and implementer; (2) co-teaching in the educational practice of schools consists of reflections on the possibilities and real use of co-teaching in teachers' everyday work; (3) examples of co-teaching in academic education and (4) reflection on co-teaching. They all add up to a holistic picture of coteaching as it is implemented in current educational practice and can provide a basis for further research and discussion on this teaching strategy.

The Doctor, His Patient and the Illness - Michael Balint 2000

First published in 1957, with a slight update in 1964, this text remains one of the standard works on the doctor patient relationship (largely as found in general practice). This edition provides a descriptive analysis of the doctor-patient relationship, with practical

advice on the potential and limits to the doctors involvement with the patient.

Evidence-Based Practice of Palliative Medicine - E-Book
- Nathan E Goldstein 2023-11-07

Using a practical, question-and-answer approach, *Evidence-Based Practice of Palliative Medicine, 2nd Edition*, helps you provide optimal care for patients and families who are dealing with serious illness. This unique reference focuses on patient and family/caregiver-centered care, highlighting the benefits of palliative care and best practices for delivery. The highly practical, user-friendly format sets it apart from other texts in the field, with concise, readable chapters organized around clinical questions that you're most likely to encounter in everyday care. Uniquely organized using a question-and-answer approach, making it easy to find answers to common questions asked by practitioners and patients. Up-to-date, reader-friendly chapters explore interventions, assessment techniques, treatment modalities, recommendations and guidelines, communication techniques, and available resources for palliative care. Expanded discussions on hospice in every chapter, and a new emphasis on pediatrics, with increased material on pediatric malignancies, developmental delays, cystic fibrosis, and perinatal palliative care. New chapters on wellness of the palliative care practitioner, patients with opioid use disorders, telehealth in palliative care, health disparities, rural palliative care, caring for people with hematologic malignancies, integrative and alternative therapies, LGBTQ+ populations, mobile health technologies, and national palliative care implementation strategies. High-quality evidence gathered and reviewed by leading experts in palliative medicine, including clinicians, educators, and researchers across a broad range of disciplines. Numerous algorithms throughout help you make informed decisions, and "take-home" points in every chapter provide a quick summary of key content. Any additional

digital ancillary content may publish up to 6 weeks following the publication date.

Burnout for Experts - Sabine Bährer-Kohler 2012-11-11

Wherever people are working, there is some type of stress—and where there is stress, there is the risk of burnout. It is widespread, the subject of numerous studies in the U.S. and abroad. It is also costly, both to individuals in the form of sick days, lost wages, and emotional exhaustion, and to the workplace in terms of the bottom line. But as we are now beginning to understand, burnout is also preventable. *Burnout for Experts* brings multifaceted analysis to a multilayered problem, offering comprehensive discussion of contributing factors, classic and less widely perceived markers of burnout, coping strategies, and treatment methods. International perspectives consider phase models of burnout and differentiate between burnout and related physical and mental health conditions. By focusing on specific job and life variables including workplace culture and gender aspects, contributors give professionals ample means for recognizing burnout as well as its warning signs. Chapters on prevention and intervention detail effective programs that can be implemented at the individual and organizational levels. Included in the coverage: · History of burnout: a phenomenon. · Personal and external factors contributing to burnout. · Depression and burnout · Assessment tools and methods. · The role of communication in burnout prevention. · Active coping and other intervention strategies. Skillfully balancing scholarship and accessibility, *Burnout for Experts* is a go-to resource for health psychologists, social workers, psychiatrists, and organizational, industrial, and clinical psychologists.

Communication in Palliative Nursing - Elaine Wittenberg
2019-12-24

Communication in Palliative Nursing presents the COMFORT Model, a theoretically-grounded and empirically-based model of palliative care communication. Built on over a decade of communication research with patients,

families, and interdisciplinary providers, and reworked based on feedback from hundreds of nurses nationwide, the chapters outline a revised COMFORT curriculum: Connect, Options, Making Meaning, Family caregivers, Openings, Relating, and Team communication. Based on a narrative approach to communication, which addresses communication skill development, this volume teaches nurses to consider a universal model of communication that aligns with the holistic nature of palliative care. This work moves beyond the traditional and singular view of the nurse as patient and family educator, to embrace highly complex communication challenges present in palliative care—namely, providing care and comfort through communication at a time when patients, families, and nurses themselves are suffering. In light of the vast changes in the palliative care landscape and the increasingly pivotal role of nurses in advancing those changes, this second edition provides an evidence-based approach to the practice of palliative nursing. Communication in Palliative Nursing integrates communication theory and health literacy constructs throughout, and provides clinical tools and teaching resources to help nurses enhance their own communication and create comfort for themselves, as well as for patients and their families.

What Are You Feeling Doctor? – John Salinsky 2000
Guidelines are powerful instruments of assistance to clinicians capable of extending the clinical roles of nurses and pharmacists. Purchasers and managers perceive them as technological tools guaranteeing treatment quality. Guidelines also offer mechanisms by which doctors and other health care professionals can be made more accountable to their patients. But how can clinicians tell whether a guideline has authority and whether or not it should be followed? Does the law protect doctors who comply with guidelines? Are guideline developers liable for faulty advice? This timely book provides a comprehensive and accessible analysis of the many medical and legal issues arising from the current explosion of clinical guidelines.

Featuring clear summaries of relevant UK US and Commonwealth case law it is vital reading for all doctors health care workers managers purchasers patients and lawyers.

Transforming the Pain – Karen W. Saakvitne 1996
This workbook provides tools for self-assessment, guidelines and activities for addressing vicarious traumatization, and exercises to use with groups of helpers.

Remediation in Medical Education – Adina Kalet 2013-11-26
Remediation in medical education is the act of facilitating a correction for trainees who started out on the journey toward becoming excellent physicians but have moved off course. This book offers an evidence-based and practical approach to the identification and remediation of medical trainees who are unable to perform to standards. As assessment of clinical competence and professionalism has become more sophisticated and ubiquitous, medical educators increasingly face the challenge of implementing effective and respectful means to work with trainees who do not yet meet expectations of the profession and society. Remediation in Medical Education: A Mid-Course Correction describes practical stepwise approaches to remediate struggling learners in fundamental medical competencies; discusses methods used to define competencies and the science underlying the fundamental shift in the delivery and assessment of medical education; explores themes that provide context for remediation, including professional identity formation and moral reasoning, verbal and nonverbal learning disabilities, attention deficit disorders in high-functioning individuals, diversity, and educational and psychiatric topics; and reviews system issues involved in remediation, including policy and leadership challenges and faculty development.

Intimate Partner Violence – Connie Mitchell M.D. 2009-06-30
Intimate partner violence is a challenging problem that

health professionals encounter on a daily basis. This volume thoroughly compiles the current knowledge and health science and provides a strong foundation for students, educators, clinicians, and researchers on prevention, assessment, and intervention.

The Theory and Practice of Balint Group Work - Heide Otten 2017-11-23

Michael Balint's work grew out of a desire to analyze the doctor-patient relationship and improve diagnosis and treatment, and is now known and implemented internationally. In *The Theory and Practice of Balint Group Work* Heide Otten presents a practical guide to Balint groups and their relevance to clinicians in the modern world of internet diagnoses, distant patients and teams of specialists. The book begins with a history of the therapeutic relationship and its influence on the development of Balint's work. Otten demonstrates how the sessions work, and goes on to look at the practical aspects of Balint group work with various professional and student groups, with participants of different cultural backgrounds and nationalities, and internationally. The requirements for leading a Balint group are then explored, and the book concludes with research findings and a look at how the practice can be extended to other professional groups. Case material from the author's own work is included throughout, and suggestions for additional creative elements such as sculpting, role play and psychodrama are also featured. *The Theory and Practice of Balint Group Work* is an essential guide for psychoanalysts, psychoanalytic psychotherapists, counsellors and medical practitioners and theorists coming to group work for the first time or utilising Balint's ideas in their day to day practice. It will also appeal to others working in the helping professions seeking to strengthen the therapeutic relationship.

Endings and Beginnings - Herbert J. Schlesinger 2013-04-15

What sets off the termination of analysis and psychodynamic therapy from the variety of endings that

enter into all human relationships? So asks Herbert J. Schlesinger in *Endings and Beginnings: On Terminating Psychotherapy and Psychoanalysis*, a work of remarkable clarity, conceptual rigor, and ingratiating readability. Schlesinger situates termination - which he understands, variously, as a phase of treatment, a treatment process, and a state of mind - within the family of "beginnings and endings" that permeate one another throughout the course of therapy. For Schlesinger, therapeutic endings cannot be aligned with the final phase of treatment; ending-phase phenomena are ongoing accompaniments of therapeutic work. They occur whenever patients achieve some portion of their treatment goals and supervene when therapy stagnates. Small wonder that an assessment of the patient's relationship to time and capacity to end therapy are key aspects of diagnostic evaluation. By linking beginning and ending phases not to the chronology of treatment but to the patient's experience of it, Schlesinger brings revivifying insight to a host of psychodynamic concepts. Nor does he shy away from a trenchant critique of the instrumental "medical model" of psychiatric and psychotherapeutic training, which militates against the therapeutic exploration of treatment endings. Schlesinger's exemplification of how to begin treatment from the point of view of ending; his sensitive delineation of the mid-treatment "ending" crises characteristic of "vulnerable patients"; his richly woven case vignettes illustrating various "ending" contingencies and permutations - these inquiries are gems of pragmatic clinical wisdom. *Endings and Beginnings* distills lessons learned over the course of a half century of practicing, teaching, and supervising psychotherapy and psychoanalysis and is a gift to the profession.

How to Run Reflective Practice Groups - Arabella Kurtz 2019-11-19

In *How to Run Reflective Practice Groups: A Guide for Healthcare Professionals*, Arabella Kurtz explores the use of reflective practice in the modern healthcare context. Responding to the rapidly increasing demand for

reflective practice groups in healthcare and drawing on her extensive experience as a facilitator and trainer, Kurtz presents a fully developed, eight-stage model: The Intersubjective Model of Reflective Practice Groups. The book offers a guide to the organisation, structure and delivery of group sessions, with useful suggestions for overcoming commonly-encountered problems and promoting empathic relationships with clients and colleagues. Clearly and accessibly written, using full situational examples for each stage of the presented model, How to Run Reflective Practice Groups offers a comprehensive guide to facilitating reflective practice in healthcare.

Depression, Burnout and Suicide in Physicians - Luigi Grassi 2021-11-30

This book provides a reference and contextual basis for depression, burnout and suicide among oncology and other medical professionals. Oncology as a medical subspecialty is at a unique apex of this crisis. While the same pressures in medicine certainly apply to oncologists, oncology is particularly stressful as a changing field with diverse patient and societal expectations for outcomes. In addition to experiencing the stress of caring for patients that could succumb to their cancer diagnoses, these professionals are regularly confronted with an onslaught of new medical information and a landscape that is changing at a breakneck pace. These are just a few factors involved in the increasing rates of burnout among oncologists as well as other medical professionals. By addressing a gap in identifying mental health problems among health care professionals, this book sheds light on mental health problems and suicide among physicians. Importantly, this book is a call to action of the professional and administrative organizations to work on improving mental health of physicians. Anxiety and depression affect not only the individual doctor but also patient care. Given the increasing attention to these issues along with limited yet applicable data regarding how to address these issues, the text aims to bring the latest data face to face with consensus opinion and can be used to

ultimately enhance oncologic and psychiatric practices. Written by experts in the field, Depression, Burnout and Suicide in Physicians: Insights from Oncology and Other Medical Professions aims to significantly increase awareness and contribute to understanding the necessity of preventive measures on individual, family, and care givers levels.

Attending - Ronald Epstein 2017-01-24

With his "deeply informed and compassionate book...Dr. Epstein tells us that it is a 'moral imperative' [for doctors] to do right by their patients" (New York Journal of Books). The first book for the general public about the importance of mindfulness in medical practice, Attending is a groundbreaking, intimate exploration of how doctors approach their work with patients. From his early days as a Harvard Medical School student, Epstein saw what made good doctors great—more accurate diagnoses, fewer errors, and stronger connections with their patients. This made a lasting impression on him and set the stage for his life's work—identifying the qualities and habits that distinguish master clinicians from those who are merely competent. The secret, he learned, was mindfulness. Dr. Epstein "shows how taking time to pay attention to patients can lead to better outcomes on both sides of the stethoscope" (Publishers Weekly). Drawing on his clinical experiences and current research, Dr. Epstein explores four foundations of mindfulness—Attention, Curiosity, Beginner's Mind, and Presence—and shows how clinicians can grow their capacity to provide high-quality care. The commodification of health care has shifted doctors' focus away from the healing of patients to the bottom line. Clinician burnout is at an all-time high. Attending is the antidote. With compassion and intelligence, Epstein offers "a concise guide to his view of what mindfulness is, its value, and how it is a skill that anyone can work to acquire" (Library Journal).

Australian Family Physician - 2006

The Essential Handbook for GP Training and Education - Ramesh Mehay 2021-07-28

The much anticipated practical educational manual for General Practice (GP) trainers, programme directors, and other teachers and educators in primary care has finally arrived. This extensive, full-colour guide is written by a select group of hands-on educators who are passionate and knowledgeable. The book captures their wisdom and vast experience in an accessible and practical way. Although it's aimed at GP training, there are many chapters in this book that are relevant and transferrable to teachers and educators in areas outside of General Practice (and worldwide). We are sure that GP appraisers, Foundation Year trainers and other medical/nursing student educators will find the detailed comprehensive explorations inspirational. Beautifully presented, the chapters cover a wide educational framework employing a variety of presentational methods such as flowcharts, diagrams, conversational pieces, scenarios and anecdotes. Each chapter has a corresponding webpage containing over 300 additional resources - providing practical tools as well as additional reading material. This book was awarded the Royal College of GP's 'Paul Freeling Prize' in 2013 for meritorious work in the field of General Practice education. It is also used as the foundation textbook for the Postgraduate Certificate in Medical Education (PGCE) in at least seven UK universities. The Essential Handbook for GP Training and Education adopts a relaxed, personable approach to primary care education that won't leave you with a headache.

Principles and Practice of College Health - John A. Vaughn 2020-12-04

This unique and comprehensive title offers state-of-the-art guidance on all of the clinical principles and practices needed in providing optimal health and well-being services for college students. Designed for college health professionals and administrators, this highly practical title is comprised of 24 chapters organized in three sections: Common Clinical Problems in

College Health, Organizational and Administrative Considerations for College Health, and Population and Public Health Management on a College Campus. Section I topics include travel health services, tuberculosis, eating disorders in college health, and attention deficit hyperactivity disorder among college students, along with several other chapters. Subsequent chapters in Section II then delve into topics such as supporting the health and well-being of a diverse student population, student veterans, health science students, student safety in the clinical setting, and campus management of infectious disease outbreaks, among other topics. The book concludes with organizational considerations such as unique issues in the practice of medicine in the institutional context, situating healthcare within the broader context of wellness on campus, organizational structures of student health, funding student health services, and delivery of innovative healthcare services in college health. Developed by a renowned, multidisciplinary authorship of leaders in college health theory and practice, and coinciding with the founding of the American College Health Association 100 years ago, Principles and Practice of College Health will be of great interest to college health and well-being professionals as well as college administrators.

Report of the Mid Staffordshire NHS Foundation Trust

Public Inquiry - Mid Staffordshire NHS Foundation Trust Public Inquiry 2013-02-06

This public inquiry report into serious failings in healthcare that took place at the Mid Staffordshire NHS Foundation Trust builds on the first independent report published in February 2010 (ISBN 9780102964394). It further examines the suffering of patients caused by failures by the Trust: there was a failure to listen to its patients and staff or ensure correction of deficiencies. There was also a failure to tackle the insidious negative culture involving poor standards and a disengagement from managerial and leadership responsibilities. These failures are in part a

consequence of allowing a focus on reaching national access targets, achieving financial balance and seeking foundation trust status at the cost of delivering acceptable care standards. Further, the checks and balances that operate within the NHS system should have prevented the serious systemic failure that developed at Mid Staffs. The system failed in its primary duty to protect patients and maintain confidence in the healthcare system. This report identifies numerous warning signs that could and should have alerted the system to problems developing at the Trust. It also sets out 290 recommendations grouped around: (i) putting the patient first; (ii) developing a set of fundamental standards, easily understood and accepted by patients; (iii) providing professionally endorsed and evidence-based means of compliance of standards that are understood and adopted by staff; (iv) ensuring openness, transparency and candour throughout system; (v) policing of these standards by the healthcare regulator; (vi) making all those who provide care for patients, properly accountable; (vii) enhancing recruitment, education, training and support of all key contributors to the provision of healthcare; (viii) developing and sharing ever improving means of measuring and understanding the performance of individual professionals, teams, units and provider organisations for the patients, the public, and other stakeholders.

Psychosomatic Medicine - Kurt Fritzsche 2020-12-27
Now in its fully revised and expanded second edition, this volume is the definitive global resource on psychosocial problems. Containing several new chapters and featuring extensively updated contributions from experts in the field, this title takes a uniquely global approach in laying the foundations of bio psychosocial basic care and provides relevant information about the most common mental and psychosomatic problems and disorders. An extension of the cultural aspects of the individual clinical pictures and new contributions from China, Latin America, Russia, Iran, India, Africa and Myanmar, also about migration and mental health

accompany this revision. This book is divided into four sections and begins by explaining the relationship between psychosomatic medicine and primary care. The next part outlines the best practices for diagnosing the most common biopsychosocial problems and mastering the most frequent communication challenges (e.g. biopsychosocial anamnesis, breaking bad news, dealing with difficult patients, family and health systems communication and collaboration). The following section delves into more specific psychosomatic problems such as depressive disorders, posttraumatic stress disorder, addiction, the terminally ill patient and eating disorders, among others. The final section focuses on developing psychosomatic medicine in international settings. Every chapter integrates basic theoretical background and practical skills and includes transculturally sensitive material, important for work with patients from different nations. *Psychosomatic Medicine: An International Primer for the Primary Care Setting*, second edition is a must-have reference for doctors from various specialties as well as nursing staff, social workers and clinical health psychologists.

Professionals in Distress - Richard R. Kilburg 1986
This book represents the best efforts made to date in the field of psychology to address the issues of distressed professionals. It summarizes the information that is currently available in a number of areas that are germane to these problems. The first section of the volume introduces the problem and reviews the implications of the issues and knowledge presented in the book for the research and education communities in psychology. The second section presents comprehensive reviews of the literature available on the major dysfunctional syndromes that psychologists and other professionals experience. The final section provides specific advice to psychologists and other professionals, their families, and interested others about what can be done to assist people who have these problems. The material reflects the current state of empirical knowledge and actual practice.

Balint Matters - Jonathan Sklar 2018-05-08

This book explores the life and theories of Michael Balint, who kept alive Ferenczi's analytic traditions in Budapest and brought them to London, where they became a vital part of the Independent Group's theory and practice. Balint's theoretical understanding of regression, 'new beginnings', 'basic fault', as well as his profound impact on medicine, are all described. The work in the Balint groups by general practitioners, psychiatrists, and physicians are explored. Whole person and psychosomatic medicine, championed by Balint, is

contrasted with today's more compartmentalised approach to medicine, including the increasing separation of the GP from the family. In the second part of the book Dr Sklar reflects on the complex tasks involved in psychodynamic assessment. Vignettes illustrate the importance of understanding the forces in family dynamics, the value of an early memory and a dream, and the sexual life of the patient. The author argues that Balint's ideas are of particular significance to us today, in our world of quick fixes and the overspecialisation of medicine.