

The Perils Of Being Moderately Famous By Soha Ali Khan

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Breathe Believe Balance - Shayamal Vallabhjee 2020-08-03

Breathe Believe Balance is one part memoir and one part guide to self-discovery. It is an intimate account of the lessons Shayamal Vallabhjee learnt while growing up during South Africa's apartheid era, from living the life of a monk and travelling the globe with professional athletes. He has popularized the concept of 'Balance' in India. Using his knowledge and experience from the worlds of science, spirituality, and psychology, in this book, Vallabhjee takes you through this introspective and self-healing journey. From understanding the importance of self-love to decoding the science of healthy relationships; from learning to be emotionally present in every conversation to engineering your environment for success, *Breathe Believe Balance* helps you take a deeper look at your life. Offering a scientific analysis of the human psyche and packed with useful questionnaires, this book is your guide to self-transformation and personal mastery.

I've Never Been (Un) Happier - Shaheen Bhatt 2019-11-30

I don't write about my experiences with depression to defend the legitimacy of my pain. My pain is real; it does not come to me because of my lifestyle, and it is not taken away by my lifestyle. Unwittingly known as Alia Bhatt's older sister, screenwriter and fame-child Shaheen Bhatt has been a powerhouse of quiet restraint-until recently. In a sweeping act of courage, she now invites you into her head. Shaheen was diagnosed with depression at eighteen, after five years of already living with it. In this emotionally arresting memoir, she reveals both the daily experiences and big picture of one of the most debilitating and critically misinterpreted mental illnesses in the twenty-first century. Equal parts conundrum and enlightenment, Shaheen takes us through the personal pendulum of understanding and living with depression in her privileged circumstances. With honesty and a profound self-awareness, Shaheen lays claim to her sadness, while locating it in the universal fabric of the human condition. In this multi-dimensional, philosophical tell-all, Shaheen acknowledges, accepts and overcomes the peculiarities of living with depression. A topic of massive interest to anyone with mental health disorders, *I've Never Been (Un)Happier* stretches out its hand to gently provide solace and solidarity.

Me and Ma - Divya Dutta 2017-02-10

'Divya writes of difficult times with candour and heart-rending simplicity' Shabana Azmi Capturing the beauty of a mother-daughter relationship, Divya Dutta in this moving memoir celebrates her mother's struggles to turn her into the woman she is today. Divya walks us through the most intimate memories of her life, those that strengthened her relationship with her mother. The incredible bond she forged with her mother helped her through tragedies and difficulties, discouragements and failures and led her to become an award-winning actor of stature, both in the Hindi as well as the Punjabi film industry. *Me and Ma* is a celebration of Divya's exemplary achievements. It is also an honest, intimate and heartfelt tribute to the force behind her success—her mother.

A Lowcountry Heart - Pat Conroy 2016-10-25

Final words and heartfelt remembrances from bestselling author Pat Conroy take center stage in this winning nonfiction collection, supplemented by touching pieces from Conroy's many friends. This new volume of Pat Conroy's nonfiction brings together some of the most charming interviews, magazine articles, speeches, and letters from his long literary career, many of them addressed directly to his readers with his habitual greeting, "Hey, out there." Ranging across diverse subjects, such as favorite recent reads, the challenge of staying motivated to exercise, and processing the loss of dear friends, Conroy's eminently memorable pieces offer a unique window into the life of a true titan of Southern writing. With a beautiful introduction from his widow, novelist Cassandra King, *A Lowcountry Heart* also honors Conroy's legacy and the innumerable lives he touched. Finally, the collection turns to remembrances of "The Great Conroy," as he is lovingly titled by friends,

and concludes with a eulogy. The inarguable power of Conroy's work resonates throughout *A Lowcountry Heart*, and his influence promises to endure. This moving tribute is sure to be a cherished keepsake for any true Conroy fan and remain a lasting monument to one of the best-loved masters of contemporary American letters. Praise for *A Lowcountry Heart* "A fascinating look into the mind of one of the South's greatest authors . . . something to remember him by and cherish for years to come."—The Clarion-Ledger "Fans of Conroy . . . will relish the chance to spend more time with him in this glowing valedictory to his life and writing . . . Eloquent, folksy, and sometimes brutally honest."—Publishers Weekly "A moving and proper tribute to a true Southern icon."—The Florida Times-Union "Elegant essays [that] will not disappoint."—The Washington Post "Resplendent . . . As always, his storytelling, word choice and rhythm are gorgeous, almost lyrical."—USA Today

A Bowstring Winter - Dhruva Hazarika 2006

When John Dkhar arrives at Kaizang Restaurant, Shillong, one cold November evening, he has no premonition that his life is about to change forever. A loner by nature, and the very epitome of culture and refinement, John comes across people he will soon be involved with in a deadly game of passion and hatred, trust and treachery: James Kharlukhi, tough and uncompromising, a leader born with a lust for danger; Jennifer D'Santos, companion to James, whose love for John can only lead to tragedy; Charlie, aloof, enigmatic, hounded by an ugly face which will lead him to murder; and Dor Kharkongor, ace archer, the spirit of the hills, caught between single-minded loyalty to James and paternal affection for John. Set against the lush landscape of Shillong, Dhruva Hazarika's tale of revenge and violence brilliantly evokes the sights and smells of north-east India while narrating a dynamic tale which addresses the universal themes of friendship, loyalty and the inherent loneliness of man.

Where I Come from - Rick Bragg 2020

"This is a Borzoi book published by Alfred A. Knopf"--Copyright page.

Our Story Needs No Filter - Sudeep Nagarkar 2017-06-26

Sometimes, love is just an illusion. Sometimes, it becomes the sole purpose of your life. While stories on social media were trending, Raghu was lost in books. For him, even the idea of falling in love was limited to books-until he met Ruhi. As their love plays out against the backdrop of the upcoming student elections, Raghu finds himself embroiled in a mess he cannot seem to get out of. When his closest friends hatch a plan to rescue him, it only puts him in further jeopardy. Will his love sail through or will it get swept away by the storm of campus politics? Set in this elaborate sociopolitical milieu, Sudeep's new book explores the dark side of relationships, the pursuit of power and the hypocrisy of the powerful.

Khullam Khulla - Rishi Kapoor 2017-01-15

Son of a famous father. Father of a famous son. I am the hyphen between them. Only, Rishi Kapoor was and is so much more. Few actors in Hindi cinema have had this sort of a career arc: from the gawky adolescent pining for his schoolteacher (*Mera Naam Joker*, 1970) to the naughty ninety-year-old (Kapoor & Sons, 2016), Rishi Kapoor has regaled audiences for close to fifty years. He won a National Award for his debut, became an overnight sensation with his first film as a leading man (*Bobby*, 1973), and carved a niche for himself with a string of romantic musical blockbusters in an era known for its angst-ridden films. He was the youth icon that is still the toast of the satellite TV circuit. The songs he lip-synced are the bread and butter of all radio stations even today. Then there was the second coming after a brief hiatus in the 1990s - as one of the finest actors in mainstream Hindi cinema with powerhouse performances in films like *Do Dooni Chaar*, *D-Day*, *Agneepath* and others. Characteristically candid, Rishi Kapoor brings Punjabi brio to the writing of *Khullam Khulla*. This is as up close and personal a biography as any fan could have hoped for. He writes about growing up in the shadow of a legendary father, skipping school to act in *Mera Naam Joker*, the workings of the musical hits of the era, an encounter with Dawood

Ibrahim, his heroines (their working relationship, the gossip and the frisson that was sometimes real), his approach to his craft, his tryst with clinical depression, and more. A foreword by Ranbir Kapoor and a stirring afterword by Neetu Singh bookend the warmest, most dil se biography an Indian star has ever penned.

Nh44: Take Me Home - Anushka Dhar 2022-01-19

Anushka Dhar, a sixteen year-old, is a blossoming Mumbai-based writer who strives to engage in mindful, progressive conversations. From being an a-grade student at school to a fierce and competitive sportsman on the court, this youngun likes to don many avatars. In addition to her studies, sports, and writing, she is currently raising funds to rehabilitate and empower socially disadvantaged girls from one of Asia's most infamous red-light districts. Following in the footsteps of her father, Deepak Dhar, she aspires to join the film industry and leave her mark by continuing to tell stories such as this one about the Kashmiri Pandit exodus from the Valley. Placing that traumatic experience in context, she offers a panoramic view of the history of the region, emphasizing the injustice that continues to haunt the psyche of those who went into exile. Having left all worldly possessions behind, they struggled for years to find their feet and later spread all over the world to build new lives for themselves. NH44: take me home is their story, the title expressing the yearning and sentiment they all feel for their lost, but not forgotten, home.

Paradise Towers - Shweta Bachchan-Nanda 2018-10-06

'Observant, moving, hilarious and exceptionally astute...Paradise Towers is no slice of life...it's an entire loaf' - Karan Johar 'Thoughtful, incisive and nuanced - just like the author' - Priyanka Khanna, Vogue Dinesh opens the door to the Kapoor flat to find Lata, the enchantress who works at Mrs Aly Khan's, carrying a hot case with freshly made gaajar ka halwa. On the first floor, the inquisitive Mrs Mody wipes the dust off her precious binoculars to spy on the building's security guard. The Singhs open the doors of their SUV, their four boys creating a ruckus - they are the newcomers, the outsiders. Through the peephole, the ever-watchful Mrs Ranganekar observes their arrival. Welcome to Paradise Towers, an apartment building in central Mumbai. Everyone here has a story to tell. Or maybe they have stories to hide. Shweta Bachchan-Nanda's quirky, intimate debut explores the intertwined lives in this building - a forbidden romance, an elopement, the undercurrents of tension in corridor interactions and an explosive Diwali celebration. Bachchan-Nanda's is a dazzling voice that will draw you into the intoxicating, crazy world that is Paradise Towers.

The House of Scindias: A Saga of Power, Politics and Intrigue - Rasheed Kidwai 2021-06-07

RASHEED KIDWAI is a journalist, author, columnist and political analyst. He is Visiting Fellow with the Observer Research Foundation, Delhi. Formerly Associate Editor at The Telegraph, Kidwai is a keen observer of government, politics, community affairs and Hindi cinema.

Mothering a Muslim - Nazia Erum 2017

What does it mean to be a middle-class Muslim kid in India today? Talking to over a hundred children and their parents across twelve cities, Nazia Erum uncovers stories of religious segregation in classrooms and rampant bullying of Muslim children in many of the country's top schools.

Sridevi - Satyarth Nayak 2019-12-20

Hailed as a superstar in an era ruled by macho men and one that literally offered actresses crumbs, Sridevi tamed Bollywood like no other. Beginning her affair with the camera when she was four, this doe-eyed beauty conquered Tamil, Telugu, Malayalam and Kannada industries with performances etched in gold. Taking Hindi cinema by storm with Himmatwala in 1983, Sridevi emerged as one of the most iconic screen goddesses of India, playing characters that became cultural touchstones. Besides reigning as Queen Bee for the longest spell among Bollywood heroines, she also remains the only actress who was, at the same time, No.1 in Tamil and Telugu cinema too. Such was Sridevi's pan-India stardom that in a patriarchal industry, she emerged as the 'hero' at the box-office, towering above her male co-actors. After a hiatus of fifteen years, she shattered the rules again by becoming the only Bollywood diva to make a glorious comeback in 2012 with English Vinglish. A supremely gifted actor-her comedy peerless, her dances legendary, her histrionics awe-inspiring-she offered a study in contrast in real life. If her life played out forever in the limelight, so did her sudden demise in 2018. Charting five decades of her larger-than-life magic, Sridevi: The Eternal Screen Goddess celebrates both the phenomenon and the person. With exclusive access to her family, friends and co-stars in the film fraternity, Satyarth Nayak tracks Sridevi's journey from child star to prima donna who redefined the heroine to be regarded as a legend of Indian cinema.

Happy for No Reason - Mandira Bedi 2020-01-20

Mandira Bedi is a fitness icon. But behind the six-pack is also a snotty, complaining, can't-get-out-of-bed-today girl who, in her own way, is still searching for true happiness. Not conditional, materialistic, transactional happiness, but just happiness. So has she cracked it yet? Mandira says 'No'. But she genuinely believes that she's headed in the right direction. In her own chaotic way, she seems to have discovered some kind of non-scientific, non-spiritual and as-yet-non-existent formula for finding peace in everything. Just being happy-for no reason. This book is about that.

The Scatter Here Is Too Great - Bilal Tanweer 2013-12-04

The Scatter Here Is Too Great heralds a major new voice from Pakistan with a stunning debut—a novel told in a rich variety of distinctive voices that converge at a single horrific event: a bomb blast at a station in the heart of the city. Comrade Sukhansaz, an old communist poet, is harassed on a bus full of college students minutes before the blast. His son, a wealthy middle-aged businessman, yearns for his own estranged child. A young man, Sadeq, has a dead-end job snatching cars from people who have defaulted on their bank loans, while his girlfriend spins tales for her young brother to conceal her own heartbreak. An ambulance driver picking up the bodies after the blast has a shocking encounter with two strange-looking men whom nobody else seems to notice. And in the midst of it all, a solitary writer, tormented with grief for his dead father and his decimated city, struggles to find words. Elegantly weaving together a striking portrait of a city and its people, The Scatter Here Is Too Great is a love story written to Karachi—as vibrant and varied in its characters, passions, and idiosyncrasies as the city itself.

The Best Thing about You Is You! - Anupam Kher 2011-12-01

Gems of down-to-earth wisdom for upgrading your life and finding inner bliss and tranquillity Bollywood superstar Anupam Kher plays a new role altogether: Using examples from his own life and experiences, he subtly motivates and inspires you by providing a handy guide to discovering your real self and finding peace of mind and contentment in today's chaotic times! He feels that the best way to counter the negativity that exists in the world these days, where people are gripped by fear, insecurity, stress, frustration and unhappiness, is by acquiring a positive outlook. Citing his own example, he reveals how a humble background need not be an obstacle to attaining the dizzying heights of success, but simultaneously, sounds a warning about the importance of gracefully handling such success. He shares the vital ingredients in his recipe for success as well as no-nonsense methods to get the most out of your life. This volume contains the author's views on a wide variety of topics such as the anger syndrome, the phenomenon of change, thought control, dealing with relationships, conquering stress, getting rid of fears, coming to terms with failure, realizing the power within oneself, coping with loss and death and much more. Here's a book you will find yourself turning to for soothing, insightful guidance and practical advice no matter what situation you're in. You'll come to realize that the best thing about you is YOU!

Kannada Theatre History 1850-1950: A Sourcebook - Akshara K V 2018-09-01

The present volume has compiled excerpts from a range of writings on theatre that give the reader a view of the varied modes of thinking. They are arranged into six sections, apart from a photo essay. It is not intended to be a history book; but a sourcebook that can lead to a more comprehensive account of Kannada theatre history, or complement the existing history books. Most of the writings in this volume are appearing in English for the first time. The book hopes to be of value to experts as well as theatre practitioners to understand the varied and nuanced narratives within what is normally put together as the history of modern Kannada Theatre.

Louisiana Catch - Sweta Srivastava Vikram 2018-04-10

ÿA grieving daughter and abuse survivor must summon the courage to run a feminist conference, trust a man she meets over the Internet, and escape a catfishing stalker to find her power. Ahana, a wealthy thirty-three-year-old New Delhi woman, flees the pain of her mother's death, and her dark past, by accepting a huge project in New Orleans, where she'll coordinate an annual conference to raise awareness of violence against women. Her half-Indian, half-Irish colleague and public relations guru, Rohan Brady, who helps Ahana develop her online presence, offends her prim sensibilities with his raunchy humor. She is convinced that he's a womanizer.ÿ Meanwhile, she seeks relief from her pain in an online support group, where she makes a good friend: the mercurial Jay Dubois, who is also grieving the loss of his mother. Louisiana Catch is an emotionally immersive novel about identity, shame, and who we project ourselves to be in the world. It's a book about Ahana's unreliable instincts and her ongoing battle to deter?mine whom to place her trust in as she,

Rohan, and Jay shed layers of their identities. "Louisiana Catch is a triumph. In Ahana, Sweta Vikram has created an unforgettable character, strong, wise, and deeply human, who'll inspire a new generation struggling to come to terms with their identity in a world of blurring identities." --KARAN BAJAJ, New York Times bestselling author, *The Yoga of Max's Discontent* "In Louisiana Catch, Sweta Vikram brings life to the complex human rights issue of violence against women. Through one woman's journey to make sense of her past and ultimately heal, Vikram shows us that yoga can reconnect us to ourselves, and that by empowering others, we transform our own lives." --ZO? LEPAGE, Founder, *Exhale to Inhale* "Louisiana Catch perfectly captures what it means to be human in a digital world, where support groups meet online, love interests flirt on Twitter, and people get confused with personas. Equal parts tender and playful, moving and hopeful, Vikram's prose connects us with timeless truths about grief and redemption in a satisfyingly modern way." --STEPHANIE PATERIK, Managing Editor, *Adweek* Learn more at www.SwetaVikram.com From Modern History Press, www.ModernHistoryPress.com

Dashavatar - Piyusha Vir

Did you know that each avatar of Vishnu arrived with a specific purpose? Time and again, Vishnu has manifested in different forms to fulfil his role as a 'protector' of the world. Among the long list of 24 avatars, ten avatars have captured our imagination for centuries together—matsya, Kurma, Varaha, Narasimha, Vamana, Parshuram, Rama, Krishna, Buddha, and Kalki. But how exactly did these avatars impact the society? And how do they link to the Charles Darwin theory of evolution? While each avatar has its own set of legends that extoll their characteristics and deeds, the stories behind them are just as interesting and informative. Presented in a contemporary and unbiased perspective, these stories of the ten avatars of Vishnu are an attempt to make mythology more believable and relevant to the world that we live in today.

Hungry Hearts - Walsh, Jennifer Rudolph 2021-02-09

Sixteen innovators, creatives, and thought leaders—Austin Channing Brown, Sue Monk Kidd, and Luvvie Ajayi Jones, among others—share intimate stories of uncovering beauty and potential through moments of fear, loss, heartbreak, and uncertainty. "You'll find kindred spirits in these tales of resilience, transformation, and joy."—Time Over the course of four years, the traveling love rally called Together Live brought together diverse storytellers for epic evenings of laughter, music, and hard-won wisdom to huge audiences across the country. Well-known womxn (and the occasional man) from all walks of life shared their most vulnerable truths in a radical act of love, paving the way for healing in the face of adversity. Now, off the stage and on the pages of *Hungry Hearts*, sixteen of these beloved speakers offer moving, inspiring, deeply personal essays as a reminder that we can heal from grief and that divisions can be repaired. Bozoma Saint John opens herself up to love after loss; Cameron Esposito confronts the limits of self-reliance in the wake of divorce; Ashley C. Ford learns to trust herself for the first time. A heartfelt anthology of transformation, self-discovery, and courage that also includes essays by Luvvie Ajayi Jones, Amena Brown, Austin Channing Brown, Natalie Guerrero, Sue Monk Kidd, Connie Lim (MILCK), Nkosingiphile Mabaso, Jillian Mercado, Priya Parker, Geena Rocero, Michael Trotter and Tanya-Blount Trotter of *The War and Treaty*, and Maysoon Zayid, *Hungry Hearts* shows how reconnecting with our own burning, undeniable intuition points us toward our unique purpose and the communities where we most belong.

Harsh Realities - Harsh Mariwala 2021-07-30

Breaking away from the shackles of family-run Bombay Oils Industries Ltd, Harsh Mariwala founded Marico in 1987. Today, the homegrown Marico is a leading international FMCG giant which recorded an annual turnover of over Rs 8000 crore last year. Their products, like Parachute, Nihar Naturals, Saffola, Set Wet, Livon and Mediker, are market leaders in their categories. This is the story of grit, gumption and growth, and of the core values of trust, transparency and innovation which have brought the company to its current stature. Co-authored by leading management thinker and guru Ram Charan, *Harsh Realities* is a much-awaited business book by an innovative and clear-headed leader who built a highly professional, competitive business from the ground up.

Unsuitable Boy - Karan Johar 2018-01-09

Karan Johar is synonymous with success, panache, quick wit, and outspokenness, which sometimes inadvertently creates controversy and makes headlines. KJo, as he is popularly called, has been a much-loved Bollywood film director, producer, actor, and discoverer of new talent. With his flagship Dharma Production, he has constantly challenged the norms, written and rewritten rules, and set trends. But who is the man

behind the icon that we all know? Baring all for the first time in his autobiography, *An Unsuitable Boy*, KJo reminisces about his childhood, the influence of his Sindhi mother and Punjabi father, obsession with Bollywood, foray into films, friendships with Aditya Chopra, SRK and Kajol, his love life, the AIB Roast, and much more. In his trademark frank style, he talks about the ever-changing face of Indian cinema, challenges and learnings, as well as friendships and rivalries in the industry. Honest, heart-warming and insightful, *An Unsuitable Boy* is both the story of the life of an exceptional film-maker at the peak of his powers and of an equally extraordinary human being who shows you how to survive and succeed in life.

The Perils of Being Moderately Famous - Soha Ali Khan 2017

Soha Ali Khan's collection of personal essays recounts with self-deprecating humor what it was like growing up in one of India's most illustrious families.

Pyjamas are Forgiving - Twinkle Khanna 2018

Shanthamaaya Sthalam in Kerala is nothing less than the Iron Man of Ayurvedic spas. Here patients have to receive daily shots of ghee laced with cow's urine and he purged both by leeches and the world's most powerful laxative. Anshu, a regular, is a firm believer in the powers of Ayurveda, but on this visit she finds it harder to rebalance herself. For among the milieu of new patients is a familiar and unsettling one--her ex-husband.

The Style Diary of a Bollywood Diva - Kareena Kapoor 2012-11-17

Kareena Kapoor was born to be a star! In her first-ever book, the ultimate glamour girl lets you into her fabulous life and reveals her best-kept style and beauty secrets. Bebo's fashion, beauty and make-up tricks and tips! Get a Size Zero body with Bebo's diet and fitness regime Replicate her looks from all her hit films Learn about Bebo's must-visit hotels and restaurants Learn how to treat and dress your man right and the inside story of the romance with Saif Ali Khan

Sanjay Dutt - Yasser Usman 2018

India's top Bollywood biographer tells the uncensored story of Sanjay's roller-coaster life from the tragic deaths of both his mother and his first wife to the time he smuggled heroin into the US and from the painful rehab he had to go through to his curious phone calls to gangster Chhota Shakeel.

LEGEND OF LAKSHMI PRASAD - Lakshmi Prasad 2017-03-14

I am Lakshmi Prasad, native of Bihar. I am doing PhD on a very important subject -Mating habits of gay chimpanzees in West Africa- at PANU University, the best University in India and possibly the best University in the world. My idols are -Faizal Guru-, -Janab Kasab Sahib-, -Focus Carat-, -Baba Badkar-, -Zakir Nalayak-, -Gharkha Dutt-, -Dr. Kana Ayyub- and all PhD students who had committed suicide since they failed to solve their PhD problems. I personally feel that, all deprived Indians should automatically be awarded a PhD degree coupled with a free pension of 1 lakh rupees/month to be delivered in cash via post at door step. Till then we are going to fight for azaadi from India. Imagine a day, when no PhD student would have to commit suicide, imagine a day, when no lower caste will be humiliated by upper caste, s/he can use his/her doctorate degree and force others to call him/her Dr. X, Dr. Y, etc. Imagine a day, when all deprived people can take part in active politics and -Make Communism Great Again- thanks to my -one lakh per month-pension idea.

Made in India - Milind Soman 2020-01-23

There's more to Milind Soman than meets the eye (although, as his legions of female fans will agree, what meets the eye is pretty delish). Combining in himself the passion of an entrepreneur, the mind of a nerd, the discipline of an athlete, the curiosity of an explorer, the heart of a patriot and the soul of a philosopher, Milind has made the stunning-and apparently seamless- transition from champion swimmer to supermodel to actor to extreme sportsperson to women's fitness activist, enabler and proselytiser, all in one lifetime. How does he do it? What makes him tick? On the twenty-fifth anniversary of 'Made in India', the breakout pop music video of the 1990s that captured the apna-time-aagaya zeitgeist of post-liberalization India and made him the nation's darling across genders and generations, Milind talks about his fascinating life-controversies, relationships, the breaking of vicious habits like smoking, alcohol, rage, and more-in a freewheeling, bare-all (easy, ladies-we're talking soul-wise!) memoir. Co-authored with bestselling author Roopa Pai, *MADE IN INDIA* is a rare glimpse into the mind and heart of a very unusual man that will leave you thoughtful, awed and inspired.

Tell Her Everything - Mirza Waheed 2023-02-07

"[A] powerful tale of guilt and betrayal...Tell Her Everything...is about a doctor who betrays the principle of empathy. But it is through the

empathic act of writing – of putting pen to paper and reckoning with those who have suffered at his hands – that he succeeds in recovering his humanity and coming back from his own living death...plotted with great care." —The Guardian "Tell Her Everything is a layered recital of intricately woven hauntings, decisions, and confessions...[A] story that is at once haunting, tender, and gripping." — Chicago Review of Books A doctor working in a prosperous Middle Eastern city finds himself placed in an unconscionable situation ... As he prepares for a visit from his long-estranged daughter, Dr K., a retired surgeon enjoying the comforts of retirement in London, rehearses the conversation he will finally have with her. It's been years since he has seen her, and he has spent much of that time polishing the confession he wants to make to her. But as her visit draws closer, he finds his memories to be freshly torturous. He recalls leaving his childhood home in India to accept a dream job, working for a state hospital in a prosperous oil monarchy. Suddenly, he'd had access to a lifestyle that he would never have had back home. Money and success came quickly . . . as long as he performed certain tasks for the state. The price for that proved steep and often unbearable, especially to a wife and daughter who watch him walk the perilous path of lifelong ambition. Tell Her Everything is a tense, visceral, and moving novel about a father's love for his daughter, and about a medical professional grappling with remorse, shame and despair. Recalling the work of Ishiguro, Coetzee and Kafka, it asks: Where does one draw the line between empathy and sacrifice? Between integrity and survival? Between prosperity and love? [Koi Good News?](#) - Zarreen Khan 2018-05-21

The hilarious private journal of a highly public pregnancy When Mona Mathur of Dehradun had married her college sweetheart Ramit Deol of Amritsar, there were two things she wasn't prepared for:1. The size of the Deol family - it put any Sooraj Barjatiya movie to shame2. The fertility of the Deol family - they reproduce faster than any other species known to mankindFor four years now, Mona and Ramit have done the unthinkable and remained childless. Of course, that also means that they've battled that one question day in and day out: 'Koi Good News?'It doesn't matter that they have been happy to be child-free - they are married; they are expected to make babies. After all, there are grandparents, great-grandparents, uncles, aunts and even colony aunties in waiting.Brutally honest, thoroughly irreverent, Koi Good News? is the funniest book you'll read this year.

Close to the Bone - Lisa Ray 2020-11-03

"A thrilling journey. . . . A must-read." Freida Pinto "How fortunate a thing it is, when life alters you without warning." Lisa Ray is one of India's first supermodels. She's also an acclaimed actor, a cancer survivor, a mother of twins born through surrogacy, a lifelong student, and a person of no fixed address. She is a woman who has lived many lives. And this is her story. Unflinching and deeply moving, Close to the Bone traces Lisa Ray's serendipitous life, from her childhood in Canada as the biracial daughter of an Indian man and Polish woman, to her rise as a Bollywood star; from her battle with a rare and incurable cancer, to her journey to find identity and belonging, both in the world and in her own body. Transporting and atmospheric, it takes readers across the globe: Toronto in the 1970s, when Lisa was searching for place and purpose; the intense, frenetic streets of Bombay, where, young and unmoored, she became a peer of some of the biggest names in the Bollywood industry; the lush sensuality of Colombo and a film role that changed the course of her career; and in London, where she simultaneously found her footing in drama school and lost herself in an abusive relationship. It is a storied life, and one whose adventures teach Lisa that in the brightest and darkest moments, no matter where she travels to, she can always find her way back home—to herself. At once charming and wise, intimate and gut-wrenchingly honest, Close to the Bone is a revealing travelogue of the soul—a brave and inspiring story of a life lived on one's own terms.

Directors' Diaries - Rakesh Anand Bakshi 2015-05-01

Filmmaking is a chance to lead many lifetimes Robert Altman Director: the invisible, omnipotent presence in cinema; a word that holds spaces inaccessible to most people. In Directors Diaries, Rakesh Bakshi demystifies that figure through the voices of twelve of the most iconic film-makers of our time. In doing so, he happens upon the greater questions of destiny and chance and how sometimes random encounters end up determining the course of a person's life. Bakshi's interviews turn into deep and intimate conversations: Imtiaz Alis transformative experience as a reader during summer vacations, locked in a room; Govind Nihalani's visits with his father to temples in Udaipur, which influenced him as a cinematographer and filmmaker; Ashutosh Gowariker's disappointment at faring poorly in his board exams and being forced to give up his dream to study architecture, which led him to seek

avenues in theatre, folk dance, group singing, elocution contests in college, eventually leading him to cinema. Farah Khan's passion for dance as a child and how she stopped dancing for almost fourteen years because her father did not like it and began doing so only after he passed away. How cinema became Subhash Ghai's great escape, whenever his parents argued, he would run away to watch a film. How Vishal Bhardwaj composed his history lessons as songs so he could memorize them, and how he accompanied his friend on the harmonium at food festivals in Pragati Maidan to earn a livelihood. An invaluable record of Hindi cinema's old and new voices, and a study of the changing face of it, Directors Diaries is also an inspiring account of people battling great odds to achieve their dreams.

Lessons Life Taught Me, Unknowingly - Anupam Kher 2019-08-27

An extraordinary, riveting and no-holds-barred saga studded with fascinating behind-the-scenes revelations, anecdotes and rare nuggets of lessons Anupam Kher's life story is nothing short of a grand masala box office hit. It has drama, comedy, romance and even action! Who knew that a small-town Shimla boy would one day become one of the most recognised actors in the world and go on to win various national and international awards for his contribution in the field of cinema and arts? A powerhouse of talent with over 530 films (and counting) in his repertoire, Anupam Kher stands out not only because of his iconic bald head, but also for his forthright views and opinions, however controversial they may be. He has always been distinct and offbeat. His autobiography is, too . . . for it is not just another chronological account of his life. It is, in fact, also peppered with incredible life lessons that are bound to resonate with every aspiring artiste and, most of all, the common man. Here is a kaleidoscopic peep into the life and times of a true genius and forever entertainer.

Cracking the Code - Ayushmann Khurrana 2015

White, Soft, & Fluffy - Poonam Jalan 2020-11-26

The difference between those who conquer fear and those who succumb to it is how quickly you can get up. The ten billion dollar "Self Help" industry is about strategies, tactics, and hacks to tell you to get back up. Very few show you the "how" This is why, for every person getting up, there are twenty-seven who fall back down. In this book, Poonam Jalan, a certified counselor and behavior analyst, talks about her journey from disasters to success; from heartbreaking failure to the ethereal happiness in helping others heal. With a cocktail of science and compassion, she shares the "hows" of forming beliefs, letting go of pain, and emerging victorious from whatever life throws at you. This is the story of a brave woman who refused to submit.

Mrs Funnybones - Twinkle Khanna 2015-08-18

Full of wit and delicious observations, Mrs Funnybones captures the life of the modern Indian woman a woman who organizes dinner each evening after having been at work all day, who runs her own life but has to listen to her mummyji, who worries about her weight and the state of the country. Based on Twinkle Khanna's super-hit column, Mrs Funnybones marks the debut of one of our funniest, most original voices.

Satyajit Ray in 100 Anecdotes - Arthy Muthanna Singh 2021-09

Satyajit Ray in 100 Anecdotes is a gorgeously illustrated, one-of-a-kind book to introduce the genius of Satyajit Ray to readers young and old. · A collector's edition to celebrate the 100th birth anniversary of Satyajit Ray on 2 May 2021 · The book is an easy introduction to the genius of Satyajit Ray with short anecdotes presented in a wonderful package · The book has gorgeous line arts that complement the text to create an engaging book that readers will enjoy reading Tracing his magnificent life with 100 little-known and inspiring incidents as well as unusual trivia, this collectible edition pays homage to the maestro on his 100th birth anniversary. A master filmmaker, a remarkable auteur, a writer par excellence and an artist of immense reach and range, Satyajit Ray was an indefinable genius. This book is a classic tribute that celebrates his many accomplishments across literature, music, art and more.

Leila - Prayaag Akbar 2018-07-03

Every year on Leila's birthday Shalini kneels by the wall with a little yellow spade and scoops dry earth to make a pit for two candles. One each for herself and for Riz, the husband at her side. But as Shalini walks from the patch of grass where she held her vigil the man beside her melts away. It is sixteen years since they took her, her daughter's third birthday party, the last time she saw the three people she loves most dearly: her mother, her husband, her child. There are thirty-two candle stubs buried in that lawn, and Shalini believes her search is finally drawing to a close. When she finds Leila, she will return and dig up each and every one.

Matinee Men - 2020

