

Egyptian Proverbs Collection Of Ancient Egyptian Proverbs And Wisdom Teachings Tem T Tchaas

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The Ancient Egyptian Buddha - Muata Ashby 2008-11-01

This volume presents historical contacts and philosophical and religious correlations between Ancient Egyptian religion and Buddhism to contradict the idea that Buddhism originated in India independently.

The Ancient Egyptian Wisdom Texts - Muata Ashby 2006-07-01

The Ancient Egyptian Wisdom Texts are a genre of writings from the ancient culture that have survived to the present and provide a vibrant record of the practice of spiritual evolution otherwise known as religion or yoga philosophy in Ancient Egypt. The principle focus of the Wisdom Texts is the cultivation of understanding, peace, harmony, selfless service, self-control, Inner fulfillment and spiritual realization. When these factors are cultivated in human life, the virtuous qualities in a human being begin to manifest and sinfulness, ignorance and negativity diminish until a person is able to enter into higher consciousness, the coveted goal of all civilizations. It is this virtuous mode of life which opens the door to self-discovery and spiritual enlightenment. Therefore, the Wisdom Texts are important scriptures on the subject of human nature, spiritual psychology and mystical philosophy. The teachings presented in the Wisdom Texts form the foundation of religion as well as the guidelines for conducting the affairs of every area of social interaction including commerce, education, the army, marriage, and especially the legal system. These texts were sources for the famous 42 Precepts of Maat of the Pert M Heru (Book of the Dead), essential regulations of good conduct to develop virtue and purity in order to attain higher consciousness and immortality after death.

The Energy of Prayer - Thich Nhat Hanh 2006-03-10

An introduction to the power of prayer rooted in Buddhist mindfulness practice, for readers of any religion or spiritual path In *The Energy of Prayer* Thich Nhat Hanh looks at the applications and effectiveness of prayer in Buddhist and other spiritual traditions and closely examines the question of why we pray. *The Energy of Prayer* introduces the reader to several meditation methods that re-envision prayer as an open, inclusive, and accessible practice that helps create healthy lives through the power of awareness and intention. Life's fast pace leaves little room for reflection

and attention to the present moment. To seek relief from stress and pain, we often turn to consuming in order to forget our suffering, but we soon find that material wealth is not enough to bring true happiness, and always leaves us searching for something more. *The Energy of Prayer* shows how prayer and meditation can offer a beneficial way to reconnect with ourselves while satisfying the basic human need to make a connection with something larger than our everyday self. Whether used as a daily practice, during times of crisis, or to express gratitude prayer serves many functions, and does not need to be tied to a particular religious or spiritual affiliation to be effective. Prayer has played an increasing role in the practice that Thich Nhat Hanh offers to his students. Rather than viewing it as dogmatic obligation, Buddhism views prayer as a form of energy, a way of communicating with one's higher self, one's ancestors, or one's God. Prayer is redefined not as being about asking some external force for what we need but about creating an internal environment in which it is easier to manifest positive outcomes in our lives. *The Energy of Prayer* includes visualization and breathing exercises and concludes with a rich sampling of a broad range of prayers, chants and invocations from the Buddhist tradition.

Some West African Proverbs and Their Simple Meaning - Ramatu Johnson 2021-03-11

Our ancestors have thrived on the use of proverbs to educate, provide clarity and help us understand life for centuries. These proverbs have been passed down in our generations and are still widely used all over Africa today as an integral part of our culture. In this book, I compile some commonly used West African Proverbs and some of my favorite Liberian sayings. There are millions of African proverbs and other wise sayings, but my intention was to create a short list that is easy to read, remember and pass on. I hope you enjoy reading this short book.

Ancient Egyptian Proverbs - Muata Abhaya Ashby 2006-01-01

EGYPTIAN PROVERBS: collection of -Ancient Egyptian Proverbs and Wisdom Teachings -How to live according to MAAT Philosophy. Beginning Meditation. All proverbs are indexed for easy searches. For the first time in

one volume, --Ancient Egyptian Proverbs, wisdom teachings and meditations, fully illustrated with hieroglyphic text and symbols. EGYPTIAN PROVERBS is a unique collection of knowledge and wisdom which you can put into practice today and transform your life.

Egyptian Yoga - Muata Abhaya Ashby 2006-01-01

16.EGYPTIAN YOGA The Postures of The Gods and Goddesses Discover the physical postures and exercises practiced thousands of years ago in Ancient Egypt which are today known as Yoga exercises. Discover the history of the postures and how they were transferred from Ancient Egypt in Africa to India through Buddhist Tantrism. Then practice the postures as you discover the mythic teaching that originally gave birth to the postures and was practiced by the Ancient Egyptian priests and priestesses. This work is based on the pictures and teachings from the Creation story of Ra, The Asarian Resurrection Myth and the carvings and reliefs from various Temples in Ancient Egypt 8.5" X 11"

Precepts and Teachings of Ancient Egypt - Dr Keith Seddon 2011-03-01

Writing four thousand years ago in ancient Egypt, the wise sages Ptah-Hotep and Amenemope advised their young sons how to live good, honourable and prosperous lives. Preserved through the ages, these two fine examples of ancient wisdom literature come down to us today and are here published in this slim volume, still helpful, relevant and encouraging for the modern philosophical seeker.

Meditation - Muata Ashby 1997-04

MEDITATION The Ancient Egyptian Path to Enlightenment Many people do not know about the rich history of meditation practice in Ancient Egypt. This volume outlines the theory of meditation and presents the Ancient Egyptian Hieroglyphic text which give instruction as to the nature of the mind and its three modes of expression. It also presents the texts which give instruction on the practice of meditation for spiritual Enlightenment and unity with the Divine. This volume allows the reader to begin practicing meditation by explaining, in easy to understand terms, the simplest form of meditation and working up to the most advanced form which was practiced in ancient times and which is still practiced by yogis around the world in modern times.

If You Want to Go Fast, Go Alone. If You Want to Go Far, Go Together.

African Proverb - Victoria Odoi-Atsem 2018-08-28

If you want to go fast, go alone. If you want to go far, go together.

AFRICAN PROVERB This journal features 50 African proverbs to inspire and guide you. This journal is great for note-taking, setting goals or life plans, and writing down your thoughts and dreams. 100 page, lined 5x8 Journal with African proverbs on every other page.

Books In Print 2004-2005 - Ed Bowker Staff 2004

Devotional Worship Book of Shetaut Neter - Muata Ashby 2006-11

Ushet Hekau Shedi Sema Tau Uashu or Ushet means "to worship the Divine," "to propitiate the Divine." Ushet is of two types, external and

internal. When you go to pilgrimage centers, temples, spiritual gatherings, etc., you are practicing external worship or spiritual practice. When you go into your private meditation room on your own and your utter words of power, prayers and meditation you are practicing internal worship or spiritual practice. Ushet needs to be understood as a process of not only an outer show of spiritual practice, but it is also a process of developing love for the Divine. Therefore, Ushet really signifies a development in Devotion towards the Divine. This practice is also known as Sema or Yoga of Devotion. Ushet is the process of discovering the Divine and allowing your heart to flow towards the Divine. This program of life allows a spiritual aspirant to develop inner peace, contentment and universal love, and these qualities lead to spiritual enlightenment or union with the Divine. It is recommended that you see the book "The Path of Divine Love" by Dr. Muata Ashby. This volume will give details into this form of Sema or Yoga.

African Proverbs for All Ages - Johnnetta Betsch Cole 2021-11-30

African Proverbs for All Ages is a beautifully-illustrated, engaging picture book about the power of proverbs, how they evolve over time, and the wisdom of various cultures in Africa. It has been said that a proverb is a short sentence based on long experience. Whether you are young or old, proverbs can open your mind to a whole new way of seeing the world. We underestimate children when we assume they are incapable of understanding metaphor and deeper meaning. There are multiple ways that children learn, but for each method by which they learn, they need their imagination engaged and their visual sensibilities ignited. And as adults, we underestimate ourselves when we allow our lives to be about practical matters only. Proverbs can stir our soul and spark our imagination. --Johnnetta Betsch Cole, Ph.D. President Emerita of Spelman and Bennett Colleges In African Proverbs for All Ages, noted anthropologist and educator Dr. Johnnetta Betsch Cole and award-winning illustrator Nelda LaTeef invite children and adults to explore and reflect on complex notions about relationships, identity, society, and the human condition. A Roaring Brook Press and Oprah Book

African Proverbs Reveal Christianity in Culture - W. Jay Moon 2009-06-01

In many oral cultures local proverbs are highly regarded for their wisdom and prized for their aesthetic expression. In this study Jay Moon provides an in-depth look at the use of local proverbs among the Builsa culture of Ghana, West Africa. In particular, the author's research shows how local proverbs can facilitate contextualized expressions of Christianity that are both biblically authentic and culturally relevant. The process of initiating and sustaining this form of expression is explicated with the help of an engaging narrative, providing valuable insights for those striving for genuine and meaningful expression of Christ in culture. This study will be especially beneficial to the missionary community, particularly for the purposes of appreciating oral literature in primary oral cultures, finding proper roles in the contextualization process, identifying cultural values via

the window of local proverbs, training missionaries in cultural understanding, and tailoring discipleship training to incorporate significant aspects of orality

The Egyptian Book of the Dead - Muata Ashby 2000

Includes a new translation of the original texts which uncovers a mystical teaching underlying the sayings and rituals instituted by the Ancient Egyptian Sages and Saints.

Little Book of Neter: Introduction to Shetaut Neter Spirituality and Religion - Muata Ashby 2007-06

The Little Book of Neter is a summary of the most important teachings of Shetaut Neter for all aspirants to have for easy reference and distribution. It is designed to be portable and low cost so that all can have the main teachings of Shetaut Neter at easy access for personal use and also for sharing with others the basic tenets of Neterian spirituality.

Kemetic Diet - Muata Ashby 2001-12

3. THE KEMETIC DIET: GUIDE TO HEALTH, DIET AND FASTING Health issues have always been important to human beings since the beginning of time. The earliest records of history show that the art of healing was held in high esteem since the time of Ancient Egypt. In the early 20th century, medical doctors had almost attained the status of sainthood by the promotion of the idea that they alone were "scientists" while other healing modalities and traditional healers who did not follow the "scientific method" were nothing but superstitious, ignorant charlatans who at best would take the money of their clients and at worst kill them with the unscientific "snake oils" and "irrational theories". In the late 20th century, the failure of the modern medical establishment's ability to lead the general public to good health, promoted the move by many in society towards "alternative medicine". Alternative medicine disciplines are those healing modalities which do not adhere to the philosophy of allopathic medicine. Allopathic medicine is what medical doctors practice by an large. It is the theory that disease is caused by agencies outside the body such as bacteria, viruses or physical means which affect the body. These can therefore be treated by medicines and therapies The natural healing method began in the absence of extensive technologies with the idea that all the answers for health may be found in nature or rather, the deviation from nature. Therefore, the health of the body can be restored by correcting the aberration and thereby restoring balance. This is the area that will be covered in this volume. Allopathic techniques have their place in the art of healing. However, we should not forget that the body is a grand achievement of the spirit and built into it is the capacity to maintain itself and heal itself.

African-American Proverbs in Context - Anand Prahlad 1996

A groundbreaking study of proverbs in African-American speech from slave times to the present.

Egyptian Mysteries - Cruzian Mystic Books 2004

Wisdom in Loose Form - Nikolaos Lazaridis 2007-06-30

This book examines Ancient Egyptian and Greek proverbs, as they are found in wisdom collections, circulating in Egypt and Greece of the Hellenistic and Roman periods. Its examination compares the proverbs' grammar, structure, style, theme and usage within the collections. This multi-leveled comparison results in the identification of a great number of similarities and differences that are interpreted in cultural terms, that is, through their association with the cultural context of production and usage of the proverbs. Hence this study offers an original insight into the literary production in Ancient Egypt and Greece, comparing the manner Egyptian and Greek authors conveyed timeless wisdom and reconsidering the status of cultural contact between these two ancient Mediterranean civilizations.

Shabaka's Stone - Kaba Hiawatha Kamene 2021-03-26

Shabaka's Stone explores and explains many scientific theories on multi-dimensional levels. Shabaka's Stone tells us that we are born with everything we need to solve all of our life's challenges. Every human is born with a Messiah (Asar/Heru) and a Judas (Seten). Judas' job is to stop us from achieving our divine purpose. The Messiah's responsibility is to make sure that Judas is not successful. Life is the result of the balance of this relationship. The Messiah may fall down nine (9) times, but rises ten (10) times. The metaphor of the Asarian Drama. We are the Creator having a human experience. The Nun wanted to come into being. He/She tried countless times. Finally, one of her/his attempts succeeded and Ptah came forward and created Atum. Atum was consciousness and named all and every thing. This trinity began the beginning of time and continues to become to this day. Every day, when you wake up is like Ptah rising out of the Nun (state of unconscious). This energy conversion, waking you up initiates your simple and self-conscious state of thinking, realizing who you are coming up out of your sleep.

The Book of African Proverbs - Ibrahim Mustapha 2020-01-04

This book contains a list of African proverbs, wise saying and words of wisdom from around the continent. A proverb is a simple, concrete, traditional saying that expresses a perceived truth based on common sense or experience. Proverbs are often metaphorical and use formulaic language. Collectively, they form a genre of folklore. Many African proverbs are strongly tied to the earth and animals, conveying lessons of life and learning often through daily, seemingly menial, procedures. An example of a Zimbabwean proverb is "there is honey but no bees" - describing a situation when you find something free for the taking and without consequence. Every culture has its share of wise proverbs or sayings, usually single sentences, passed down from one generation to the next. While these sayings may vary from one language, culture, and country to another, the wisdom they convey is universal. Africa, in particular, is overflowing with inspirational sayings, many of which provide a captivating insight into the rich and vibrant cultures that crafted them.

Egyptian Yoga - Muata Ashby 1997-09-01

1. EGYPTIAN YOGA: THE PHILOSOPHY OF ENLIGHTENMENT An original, fully illustrated work, including hieroglyphs, detailing the meaning of the Egyptian mysteries, tantric yoga, psycho-spiritual and physical exercises. Egyptian Yoga is a guide to the practice of the highest spiritual philosophy which leads to absolute freedom from human misery and to immortality. It is well known by scholars that Egyptian philosophy is the basis of Western and Middle Eastern religious philosophies such as Christianity, Islam, Judaism, the Kabala, and Greek philosophy, but what about Indian philosophy, Yoga and Taoism? What were the original teachings? How can they be practiced today? What is the source of pain and suffering in the world and what is the solution? Discover the deepest mysteries of the mind and universe within and outside of your self. ISBN: 1-884564-01-1

AFRICAN RELIGION VOLUME 1 - Muata Ashby 2006-01-01

African Religion VOL. 1- ANUNIAN THEOLOGY THE MYSTERIES OF RA The Philosophy of Anu and The Mystical Teachings of The Ancient Egyptian Creation Myth Discover the mystical teachings contained in the Creation Myth and the gods and goddesses who brought creation and human beings into existence. The Creation Myth holds the key to understanding the universe and for attaining spiritual Enlightenment.

Wisdom for the Soul - Larry Chang 2006

Five Millennia of Prescriptions for Spiritual Healing

African Proverbs - Gerd de Ley 1999

This extensive collection of 1755 proverbs spans all regions of the African continent, revealing much about the wisdom, humour, and character of its people and culture. Each proverb is arranged alphabetically by key words and includes the country, province, or tribe of origin. Charmingly illustrated with traditional African art from museums and collections around the world.

The ANCIENT SCIENCE OF VIBRATION - THE TEACHINGS OF TEHUTI -

FAHEEM JUDAH-EL 2015-02-13

From the ancient Kemetian Mysteries the Neter Tehuti explains to us that everything spirals from internal to external, and the essential state of the Creator as (Amun/Amen) is hidden, absolute, and un-definable which first "vibrates" and then moves into a state of existence before creation which is an undifferentiated state of potential -- or the primordial sea/ocean/Nun, a chaotic state. This is the process of creation, from non-vibratory to a vibratory state.

The Serpent Power - Muata Ashby 1997

THE SERPENT POWER: The Ancient Egyptian Mystical Wisdom of the Inner Life Force. This volume shows how the discipline of spiritual evolution through life force cultivation-known as Kundalini in India- was actually known about and practiced in ancient Egypt-Africa thousands of years before. This Volume specifically deals with the latent life Force energy of the universe and in the human body, its control and sublimation. How to develop the Life Force energy of the subtle body. This Volume will

introduce the esoteric wisdom of the science of how virtuous living acts in a subtle and mysterious way to cleanse the latent psychic energy conduits and vortices of the spiritual body.

Subject Guide to Books in Print - 1997

Wisdom for the Soul of Black Folk - Roderick Terry 2007

Another book of quotations? Indeed there are numerous excellent extant anthologies of quotations, but these tend to be very broad, with a bias toward classical and well-known authors; those works which document the contributions of Black authors have tended to focus on African-Americans, considerable as their output is. Undeniable recognition of this prevalence is reflected in the title of the present volume which pays homage to W. E. B. Du Bois? classic work and in the preponderance of entries from American sources. Nevertheless, effort has been made to cast a wider net to capture under-represented and unfamiliar voices. Khemetic texts preserved in papyri and stelae are the earliest literature to have survived, followed by the writings of North African Romans and Ethiopian philosophers and clerics, and the lately recovered Timbuktu manuscripts from their repositories in the desert sands of Mali. The Transatlantic slave experience gave rise to the slave narratives and abolitionist literature from both sides of the Atlantic, which remained predominant right up to the 20th century. Post-Emancipation under colonial rule and white domination, Black poetry and prose emerged, adhering to prevailing standards, evidenced typically in the work of Phillis Wheatley and the sonnets of Claude McKay. With the Civil Rights and Black Power movements would come iconoclastic expressions of protest and identity. There is a sizeable body of literature by Black authors from Africa and the diaspora who speak to universal values and eternal verities. This anthology of their work focuses on the inner life, on personal development and self-actualization. 3000 quotations have been selected to inspire, enlighten and encourage; they have been arranged in 200 psycho-spiritual categories and in chronological order. The resulting timeline of thought in itself is useful and instructive as it demonstrates very clearly the evolution of consciousness evident in the contemporary thinking on particular subjects. Like its predecessor, *Wisdom for the Soul: Five Millennia of Prescriptions for Spiritual Healing*, this volume contains a full biographical index and bibliographical references. Much of the material is anthologized here for the first time.

The Goddess and the Ancient Egyptian Mysteries - Muata Ashby 1997

22. AFRICAN RELIGION VOLUME 5: THE GODDESS AND THE EGYPTIAN MYSTERIES THE PATH OF THE GODDESS THE GODDESS PATH The Secret Forms of the Goddess and the Rituals of Resurrection The Supreme Being may be worshipped as father or as mother. Ushet Rekhat or Mother Worship, is the spiritual process of worshipping the Divine in the form of the Divine Goddess. It celebrates the most important forms of the Goddess including Nathor, Maat, Aset, Arat, Amentet and

Hathor and explores their mystical meaning as well as the rising of Sirius, the star of Aset (Aset) and the new birth of Hor (Heru). The end of the year is a time of reckoning, reflection and engendering a new or renewed positive movement toward attaining spiritual Enlightenment. The Mother Worship devotional meditation ritual, performed on five days during the month of December and on New Year's Eve, is based on the Ushet Rekhit. During the ceremony, the cosmic forces, symbolized by Sirius - and the constellation of Orion ---, are harnessed through the understanding and devotional attitude of the participant. This propitiation draws the light of wisdom and health to all those who share in the ritual, leading to prosperity and wisdom.

Metu Neter, volume 7 - Ra Un Nefer Amen 2012-12-11

Ancient Egyptian system for the realization and proof of divinity through the Judgment of the will and the mind. The system has been incorrectly called the Negative confesions of sins.

365 African Proverbs - Adedeji Adedoyin 2019-01-12

Proverbs are the palm oil with which words are eaten - These are the golden words of the great African writer Chinua Achebe (Author - Things fall Apart). Now you can enjoy the richness in African ancient wisdom. With the satisfaction of the readers in mind, 365 proverbs of the finest African Proverbs were carefully selected for the maximum reading pleasure of everyone. If you have great passion for Africa, then this book is meant for you. Some of these proverbs have been in existence right from the foundations of Africa. Proverb is one of the ways of expressing African philosophy and is used to express wisdom.

The Serpent Power - Sir John George Woodroffe 1974-01-01

Written by a leading authority on Shaktic and Tantric thought, this book is considered the prime document for study and application of Kundalini yoga. It probes the philosophical and mythological nature of Kundalini; the esoteric anatomy associated with it; the study of mantras; the chakras, or psychic centers in the human body; the associated yoga and much, much more. Two important Tantric documents are included: The Description of the Six Chakras and Five-fold Footstool.

Literature of Somali Onomastics & Proverbs with Comparison of Foreign Sayings - Anwar Maxamed Diiriye 2006

Abstract: Personal names and nicknames provide an important component of Somali cultural identity. They reach across regional, geographical and national boundaries and extend identity from the Cushitic to the Muslim world. Somali names, like its language itself, provide their bearers with a sense of oneness in spite of its homogenous ethnicity. In the other hand Somali proverbs play an important role in its peoples daily lives and by definition proverb is a brief saying that presents a truth or a bit of useful wisdom. It is usually based on common sense or practical experience. Thus, this book deals with Somali nomenclature system divided in two parts and Somali proverbs with comparison of non-Somali sayings.

Egyptian Book of the Dead Hieroglyph Translations Volume 6 Featuring The

Osirian Resurrection - Muata Ashby 2021-09-23

The aim of this book has been to render, for the first time in one volume, the translated main hieroglyphic texts, associated with the Ancient Egyptian Osirian Resurrection, in the chronological order of the events of the myth and to present a translation that is grounded in the ancient texts, showing where the translated descriptions, wisdom and feelings expressed are coming from in the texts. Myth is a language of the soul by which the Ancient Kemetic (Egyptian) sages created a pathway for a human being to understand the nature of Creation, the powers (Neteru {gods and goddesses}) operating in it, and the manner in which to live a life that leads to happiness, fulfilment and spiritual enlightenment. The text of "Stele of Amenmose" contains references to the main scenes of the myth of the Asarian Resurrection, from the beginning of the myth to the end, but does not go into details related to some of those scenes. So, the text of "Stele of Amenmose" has been used as the foundational text, the trunk, as it were, of a tree. It begins the myth and describes the events of the myth, and as the tree (mythic rendition) grows, the branches extend the scenes not fully covered in the Amenmose scripture. So the contributing texts form expansions of the story which is taken up by another related scripture that goes into those details of that section. Then, when that branch reaches a conclusion, we will return to the trunk of the tree again, the Stele of Amenmose, to again grow the tree, the mythic journey, until we reach another branch and so on to the end of the myth. As the text is presented, the characters in the myth, which represent aspects of the Divine as well as expressions of the human heart and soul, will be introduced. Then, as the saga unfolds, the reader will be able to identify with the characters and experience their passions, sorrows, victories and spiritual exaltations leading to the final victory of exhilaration and contentment over despondency, depression and frustration, and wisdom over delusion, and eternal mystic life over physical death.

Wisdom of Amenemope - Scriptural Research Institute 2020-03-27

The Wisdom of Amenemope (also called the Wisdom of Amenemopet, Instruction of Amenemope, or Instructions of Amenemopet) is an ancient Egyptian text that has mostly survived to the present, dating to sometime between 1550 and 1350 BC. Egyptian wisdom literature served as an inspiration for several ancient Israelite books, including the Deuteronomy, Psalms, Proverbs, and the Wisdom of Joshua ben Sira. The most significant influence of Amenemope on the Israelite texts is found in the book of Proverbs, which appears to be directly influenced by Amenemope. The Wisdom of Amenemope was lost for over 2000 years, however, in the late 1800s, several copies were found by Egyptologists both on papyrus and tablets. The various copies all dated to the 21st through 27th dynasties of Egypt, circa 1170 to 500 BC, meaning the Wisdom of Amenemope was in circulation for over 600 years before being lost. It is not clear when exactly it was lost, but it was no longer in circulation by the time the Septuagint was translated at the Library of Alexandria circa 250

BC, and there is no evidence the Library ever acquired a copy of it. If the biblical story of Solomon is essentially accurate, then his Egyptian wife would have almost certainly given him a copy of the Wisdom of Amenemope, as it carried the name of her father. This was not the Amenemope that wrote the Wisdom of Amenemope, however, it still would have made a good present to a barbarian king she would no doubt want to Egyptianize. The influence of Solomon's wives over his beliefs is a central aspect of his story within the biblical narrative, with the Levites that wrote the surviving versions of the books of Kingdoms (Samuel and Kings) ultimately describing the downfall of the unified kingdom of Israel (Judea and Samaria) as being because of his actions. Yet, he was described as building the first temple in Jerusalem, and so continued to be revered by the Levites. Whether Solomon existed or not, the Book of Proverbs was compiled by someone who ascribed it to him. This person drew on many ancient sources but clearly had a copy of the Wisdom of Amenemope in his possession. The fact that the author of Proverbs translated texts directly from Amenemope is not in doubt, and almost all major Christian denominations have recognized the preeminence of the Wisdom of Amenemope in the compilation of Proverbs.

The Kemetic Tree of Life Ancient Egyptian Metaphysics and Cosmology for Higher Consciousness - Muata Ashby 2008-08-01

Ashby explains the Tree of Life metaphysical teachings, disciplines, and techniques from the hieroglyphic texts.

Initiation Into Egyptian Yoga - Muata Ashby 1996-06

"Egyptian yoga: art education spiritual practice"--Half title page.

Yoruba Proverbs - Oyekan Owomoyela 2005-01-01

"Yoruba Proverbs is the most comprehensive collection to date of more than five thousand Yoruban proverbs that showcase Yoruba oral tradition.

Following Oyekan Owomoyela's introduction, which provides a framework and description of Yoruba cultural beliefs, the proverbs are arranged by theme into five sections: the good person; the fortunate person (or the good life); relationships; human nature; rights and responsibilities; and truisms. Each proverb is presented in Yoruba with a literal English translation, followed by a brief commentary explaining the meaning of the proverb within the oral tradition." "This definitive source book on Yoruba proverbs is the first to give such detailed, systematic classification and analysis alongside a careful assessment of the risks and pitfalls of submitting this genre to the canons of literary analysis."--BOOK JACKET.

Metu Neter: The great oracle of Tehuti and the Egyptian system of spiritual cultivation - Ra Un Nefer Amen 1994-01-01

It explains the Kabala as it was practiced in Ancient Egypt, Canaan, & Dravidian India thousands of years before the advent of Hebraism. For the first time the public will learn how to receive (KBL) the prophetic messages from the intelligences (emanations) represented by the spheres of the Tree of Life, through the 70 card oracle system of the book. In a clear & straightforward manner--without the use of spreads--the oracle reveals which divine intelligence is in charge of the event inquired about, & prescribes the words of power, & force carriers (gemstones, incense & herbs esoterically used) that are specific to the "intelligence" controlling the situation. The book also includes nine chapters on meditation & ritual, detailing step by step the means of inducing mediumistic, & waking trance (Samadhi) to enable the reader to transform the oracular insights into reality. To aid this process, the musical scores of the mantras, based on the ancient Raga scales, are given. Unprecedented insight into the Deities of Egypt is revealed by the unique correspondences made between them & the spheres & principles of the Tree of Life.